

VIBRATUNING EVENT

SOUND BATH (KLANGBAD)

Wednesday, September 2 from 6:30-8pm

While you relax on your mat, sound therapist Christine M. Grimm will enchant you with a gentle but profound sound landscape. You experience a deep state of relaxation with singing bowls, tuning forks, and other instruments with healing overtones. These beneficial sounds activate your powers of self-healing, grounding, and inner peace. CHF 35.



Please bring your own mat, blanket, and pillow. Max. 8. (Übersetzung ins Deutsche auf Verlangen.)

"Very beautiful and unique experience"

"Relaxing and truly wonderful"

**Das Troesch, Hauptstrasse 42, 8280 Kreuzlingen
Register at vibratuning@gmail.com
For more info, see www.vibratuning.com**