

VIBRATUNING EVENT

SOUND BATH (KLANGBAD)

Wednesday, October 7 from 6:30-8pm

While you relax on your mat, sound therapist Christine M. Grimm will enchant you with a gentle but profound sound landscape. You experience a deep state of relaxation with singing bowls, tuning forks, and other instruments with healing overtones. These beneficial sounds activate your powers of self-healing, grounding, and inner peace. CHF 35.



Please bring your own mat, blanket, and pillow. Max. 8. (Übersetzung ins Deutsche auf Verlangen.)

"Very beautiful and unique experience"

"Relaxing and truly wonderful"

Das Troesch, Hauptstrasse 42, 8280 Kreuzlingen
Register at vibratuning@gmail.com
For more info, see www.vibratuning.com